



# THE ARCTIC TRIPLE

[Navigation map:](#)  
Lofoten Ultra-Trail  
100 miles and 100 miles Relay

# Lofoten Ultra-Trail

● TP = Transition Point Relay  
● SP/CP = Service-/check Point

● Start

● Finish



100 Miles / Relay  
50 Miles / Relay  
48 KM  
24 KM  
12 KM

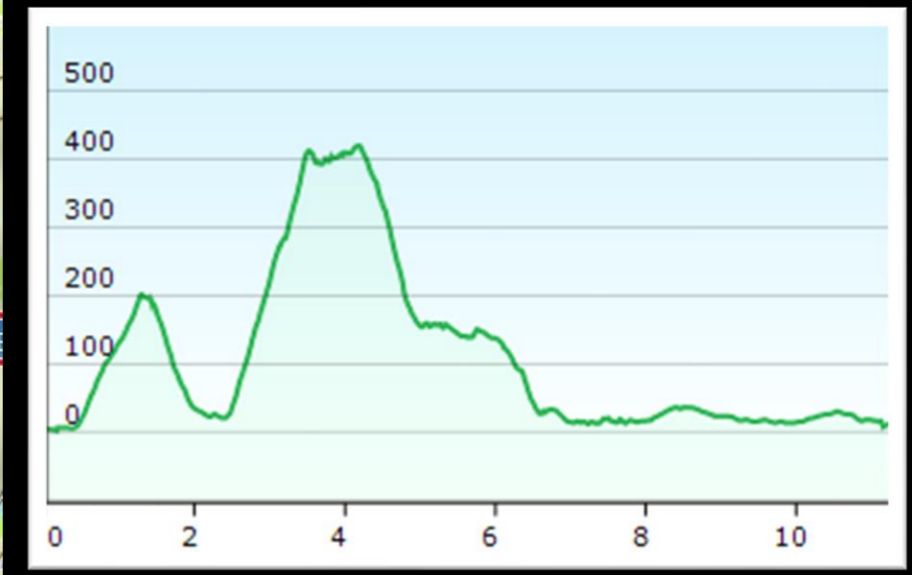


THE ARCTIC TRIPLE

Navigation map 100 miles

# LEG 1

Kirkefjorden - Selfjorden  
Distance: 11 km  
Elevation: 750 m

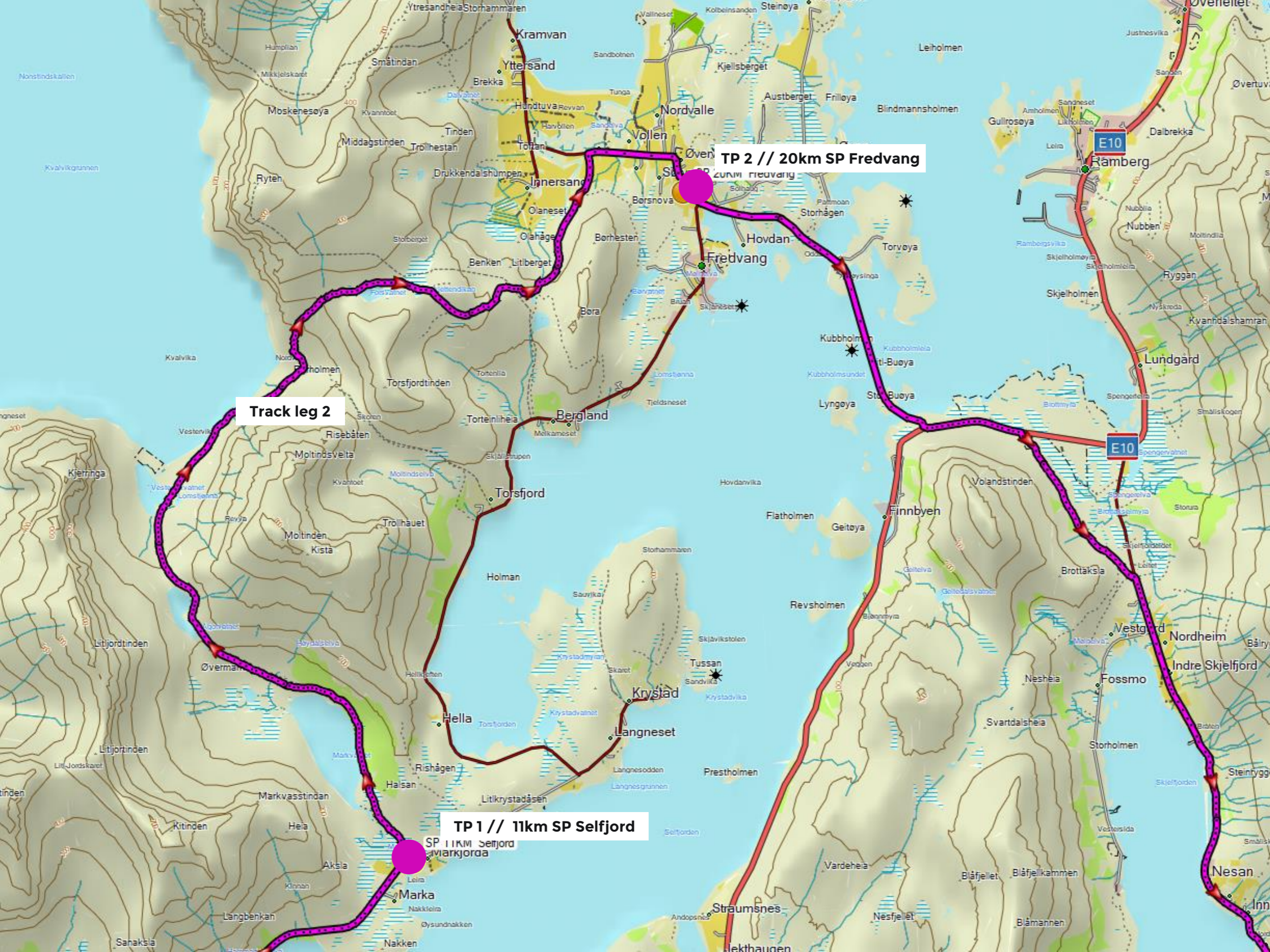


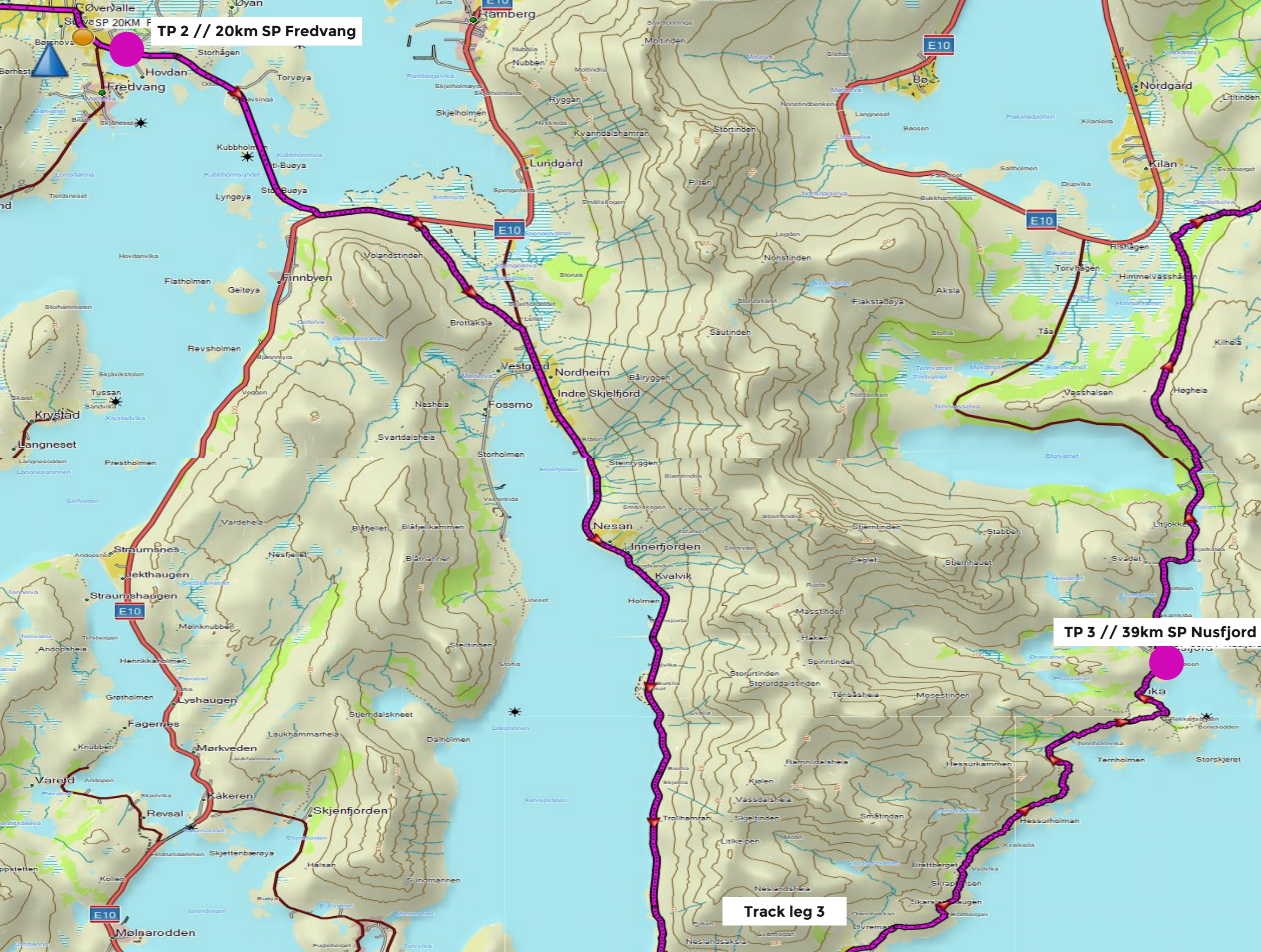
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Navigation map 100 miles

# LEG 2

Selfjorden - Fredvang  
Distance: 9 km  
Elevation: 500 m

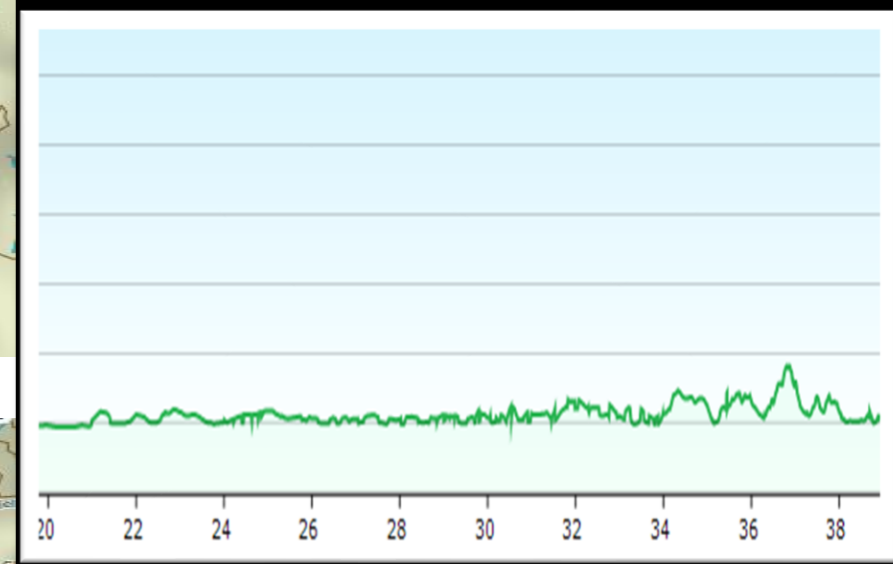




Navigation map 100 miles

# LEG 3

Fredvang - Nusfjord  
Distance: 19 km  
Elevation: 350 m



TP 3 // 39km SP Nusfjord

Track leg 3



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TP 4 // 56km SP Napp

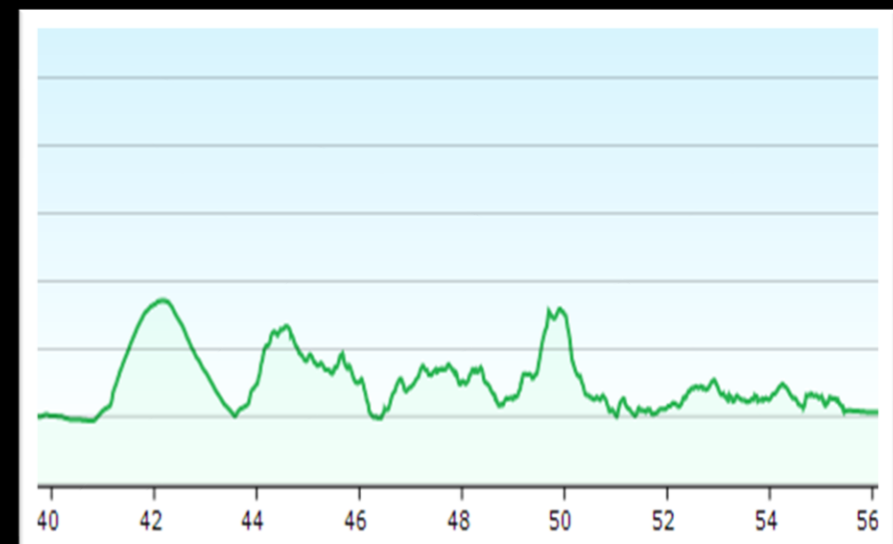
Track leg 4

TP 3 // 39km SP Nufjord

Navigation map 100 miles

# LEG 4

Nufjord - Napp  
 Distance: 17 km  
 Elevation: 900 m

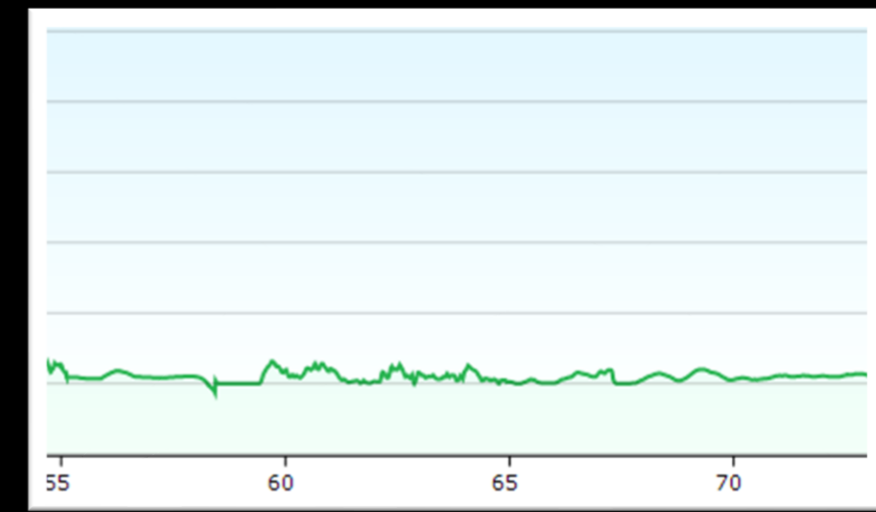


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Navigation map 100 miles

# LEG 5

Napp - Leknes  
Distance: 17 km  
Elevation: 300 m



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Navigation map 100 miles

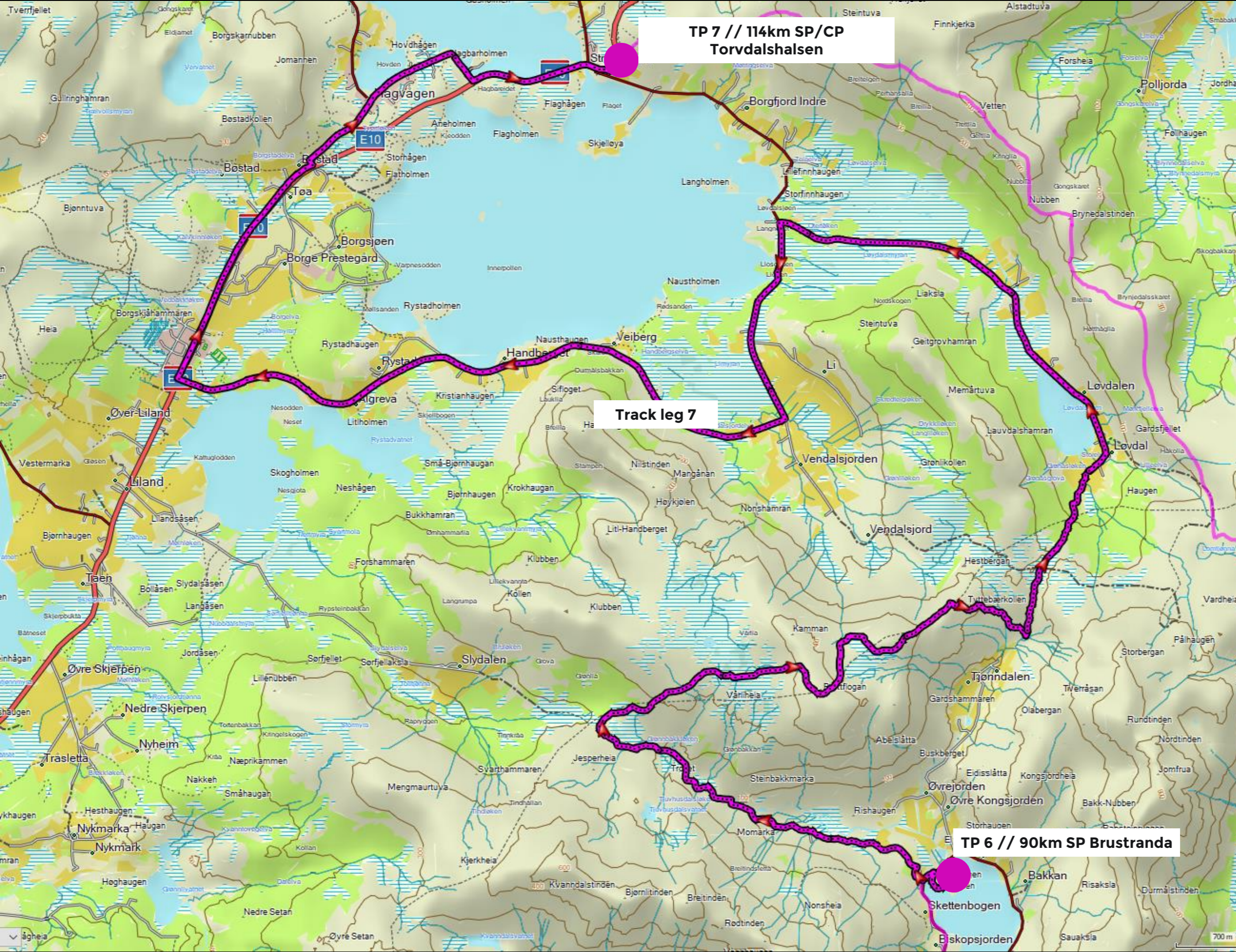
# LEG 6

Leknes - Brustranda  
Distance: 17 km  
Elevation: 350 m



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TP 7 // 114km SP/CP  
Torvdalshalsen

Track leg 7

TP 6 // 90km SP Brustranda

Navigation map 100 miles

# LEG 7

Brustranda - Torvdalshalsen  
Distance: 24 km  
Elevation: 800 m

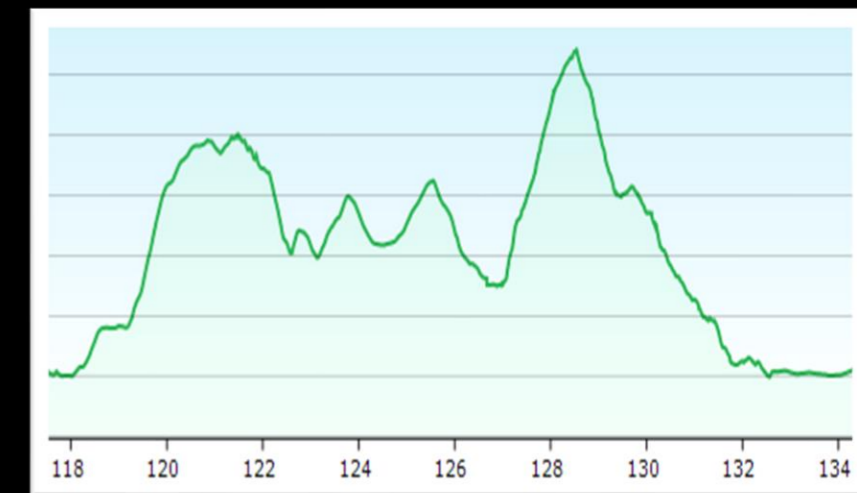


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Navigation map 100 miles

# LEG 8

Torvdalshalsen - Vikjord  
Distance: 15 km  
Elevation: 1150 m



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# LEG 9

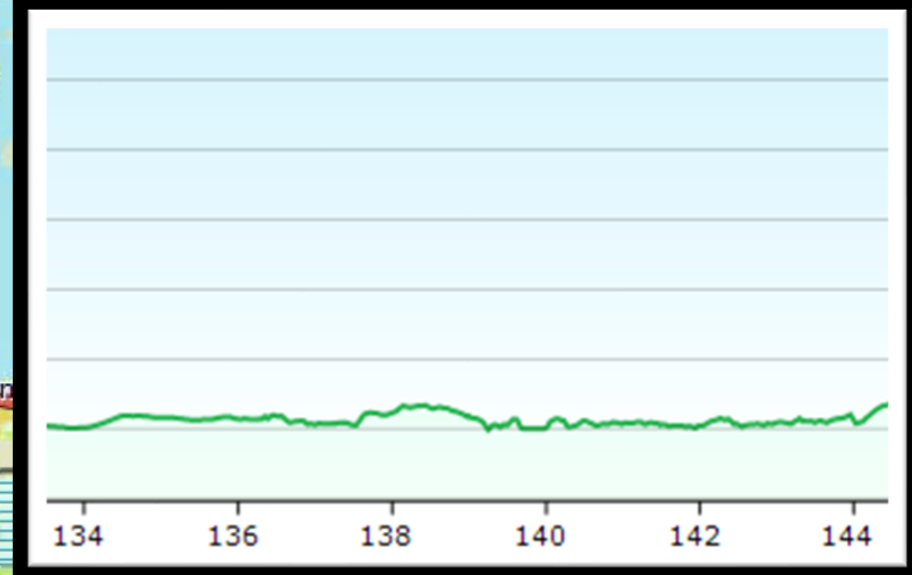


TP 9 // 141km SP/CP  
Kleppstad

Track leg 9

TP 8 // 129km SP Vikjorden

Vikjord - Kleppstad  
Distance: 12 km  
Elevation: 200 m



Navigation map 100 miles

# LEG 10



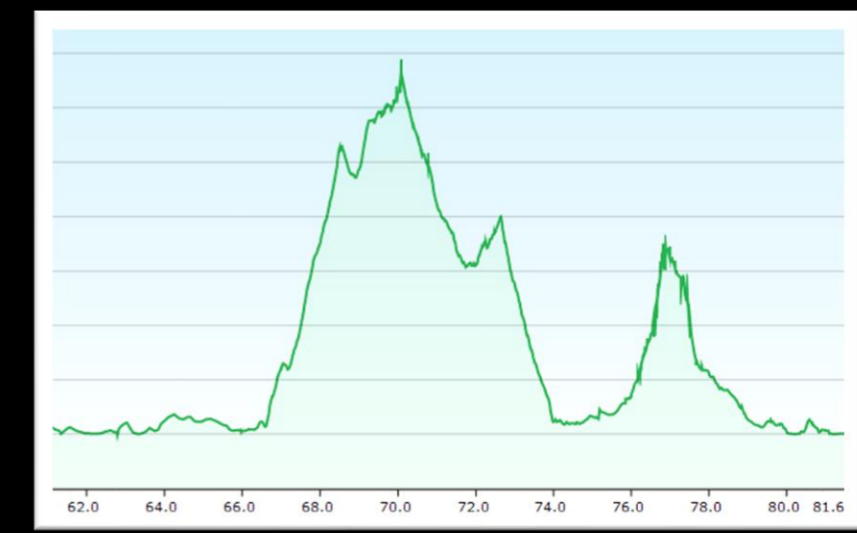
TP 9 // 141km SP/CP  
Kleppstad

Track leg 10

155km SP/CP  
Kongsmarka

FINISH  
100Miles/Relay  
Svolvær

Kleppstad - Svolvær  
Distance: 20 km  
Elevation: 1150 m



THE ARCTIC TRIPLE