



THE ARCTIC TRIPLE

- Navigation map:
Lofoten Stage Run 170KM

Lofoten Stage Run 170KM





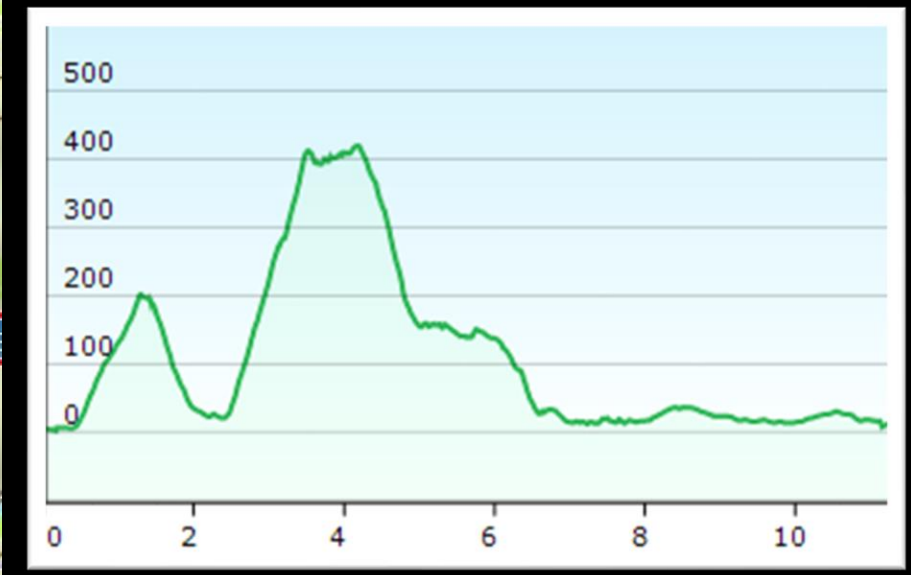
START
175KM Stage Run
Kjerkfjorden, Reine

Part 1

11km Selfjord

Stage 1

Kjerkfjorden - Selfjord
Distance: 11 km
Elevation: 750 m

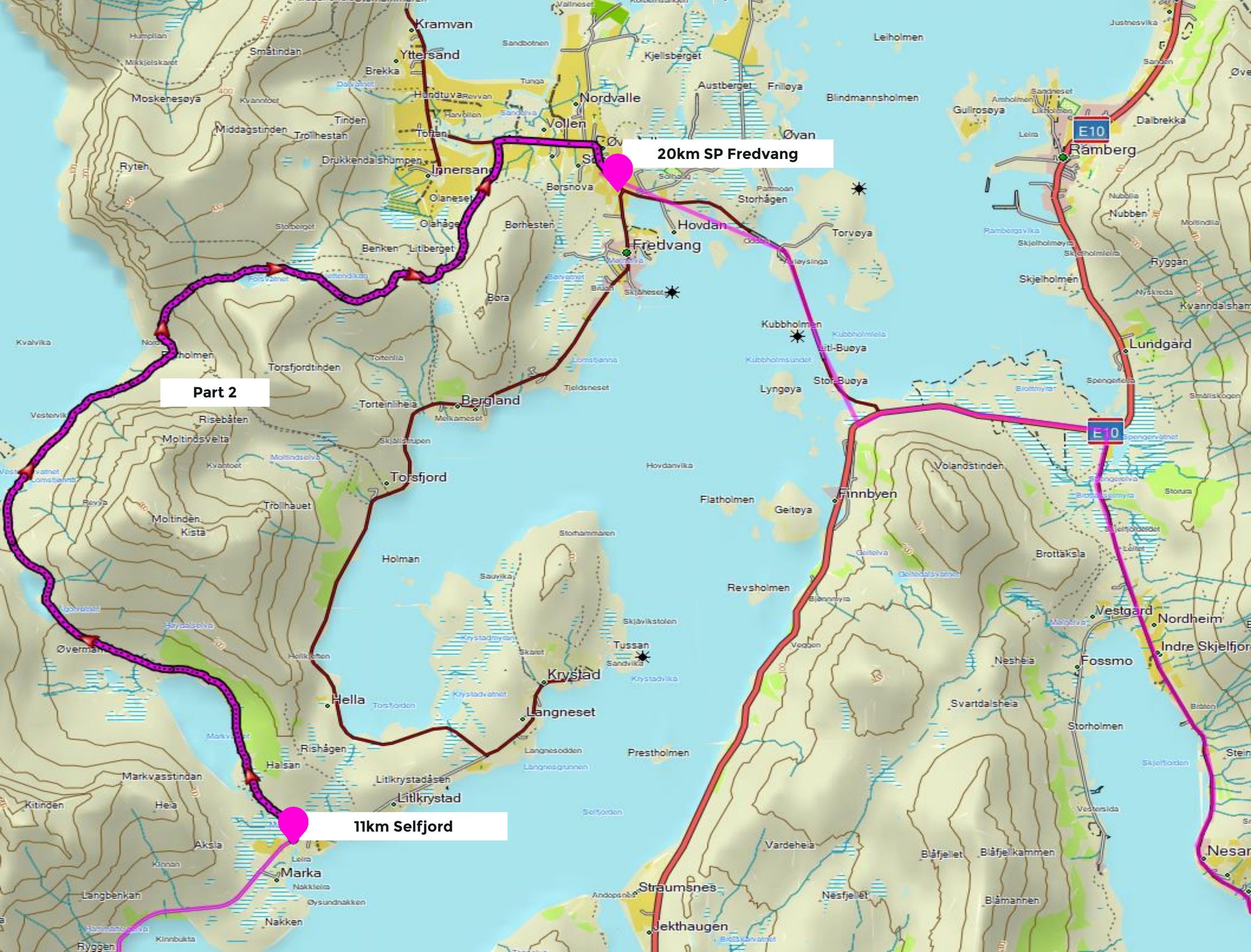


Stage 1

Selfjorden - Fredvang
Distance: 9 km
Elevation: 500 m



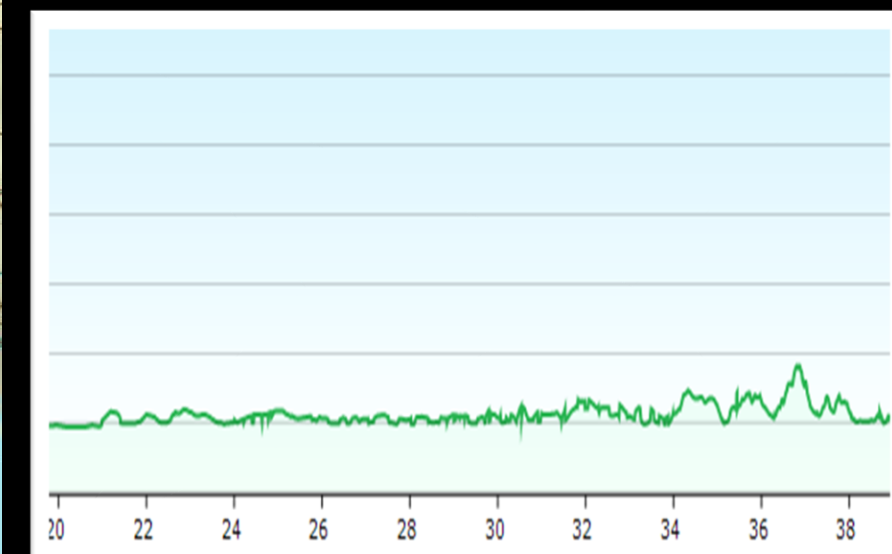
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Stage 1

Fredvang - Nusfjord
Distance: 19 km
Elevation: 350 m

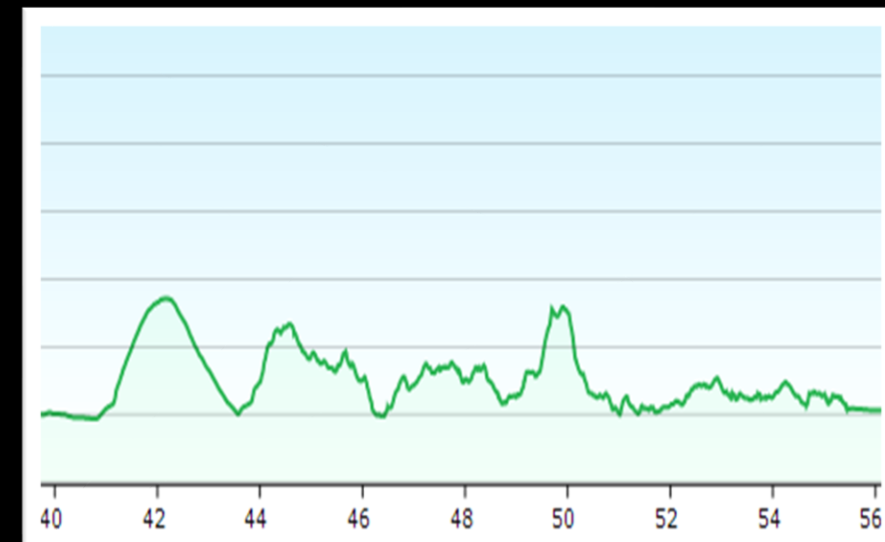


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Stage2

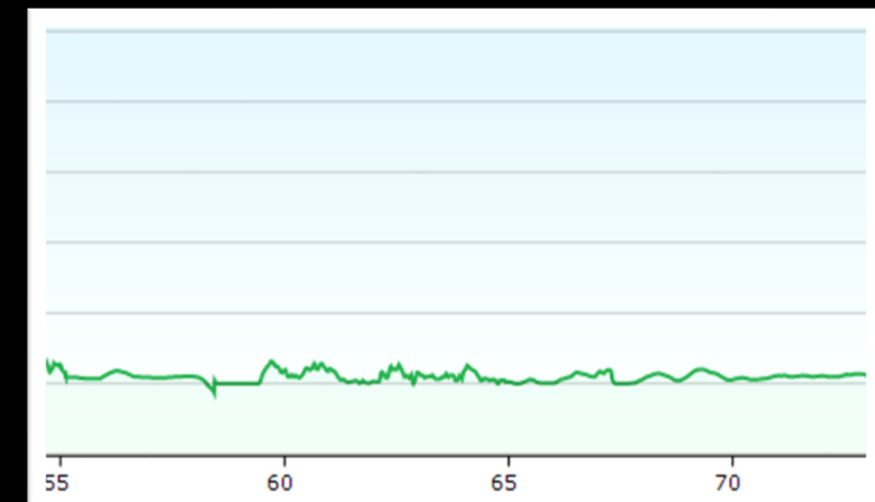
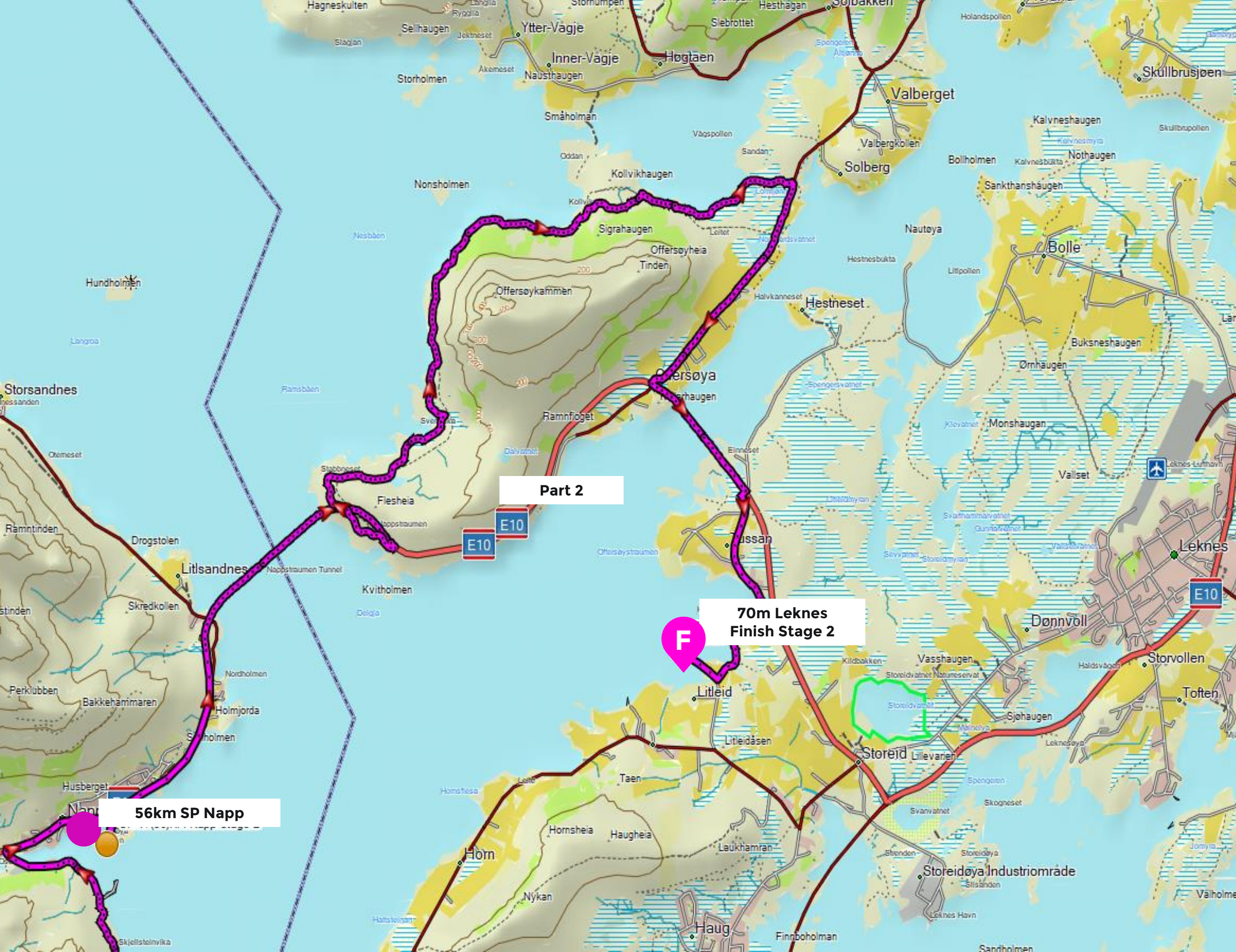
Nusfjord - Napp
Distance: 17 km
Elevation: 900 m



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Stage 2

Napp - Leknes
Distance: 14 km
Elevation: 300 m



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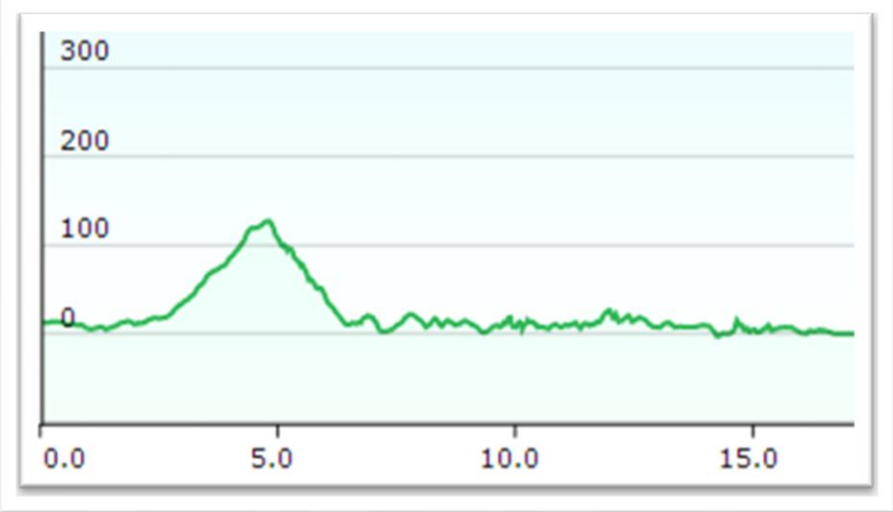
92km SP Brustranda

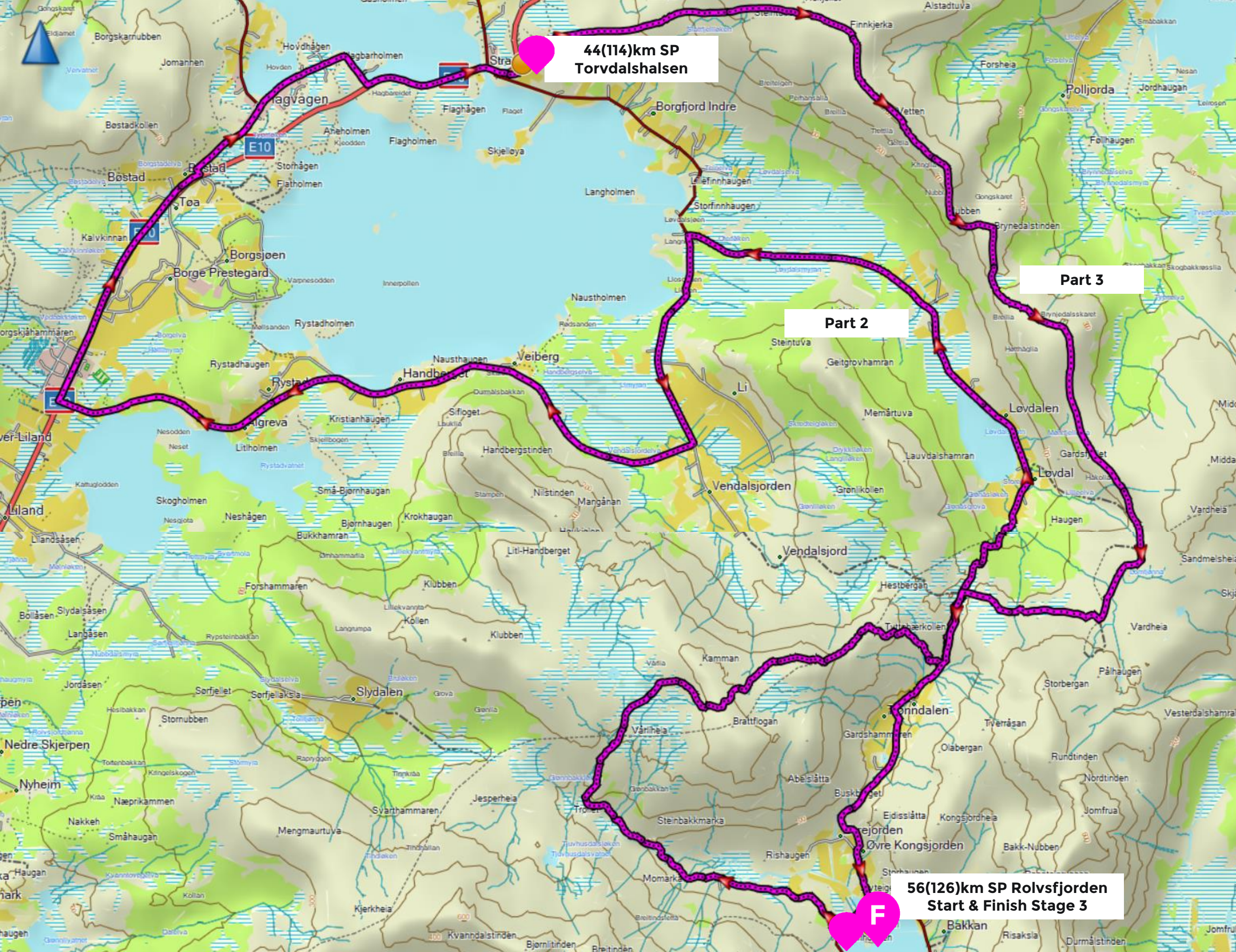
Part 1

70km Leknes
Start Stage 3

Stage 3

Leknes - Brustranda
Distance: 20 km
Elevation: 350 m





44(114)km SP
Torvdalshalsen

Part 2

Part 3

56(126)km SP Rolvsfjorden
Start & Finish Stage 3

Stage 3

Rolvsfjorden - Torvdalshalsen -
Rolvsfjorden
Distance: 23+12 km
Elevation: 800+700 m



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Stage 4

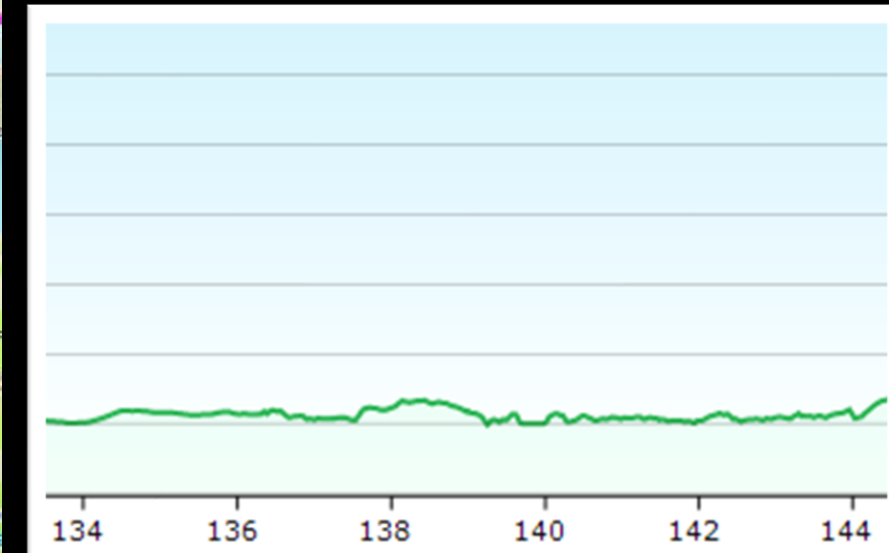
Rolvsfjorden - Vikjord
Distance: 13 km
Elevation: 1000 m



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Stage 4

Vikjorden - Kleppstad
Distance: 12 km
Elevation: 200 m



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25(151)km SP Kleppstad

Part 3

39(164)km SP Kongsmarka

FINISH
170KM Stage Run
Lofoten, Svolver

Stage 4

Kleppstad - Svolver
Distance: 22 km
Elevation: 1150 m



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