



THE ARCTIC TRIPLE

Navigation map:
Lofoten Ultra-Trail
100 miles and 100 miles Relay

Lofoten Ultra-Trail

TP = Transition Point Relay
SP/CP = Service-/check Point

Start

Finish



100 Miles / Relay
50 Miles / Relay
48 KM
24 KM
12 KM



LEG 1

Track leg 1

Kirkefjorden - Selfjorden
Distance: 11 km
Elevation: 750 m



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Navigation map 100 miles

LEG 2

Selfjorden - Fredvang

Distance: 9 km

Elevation: 500 m

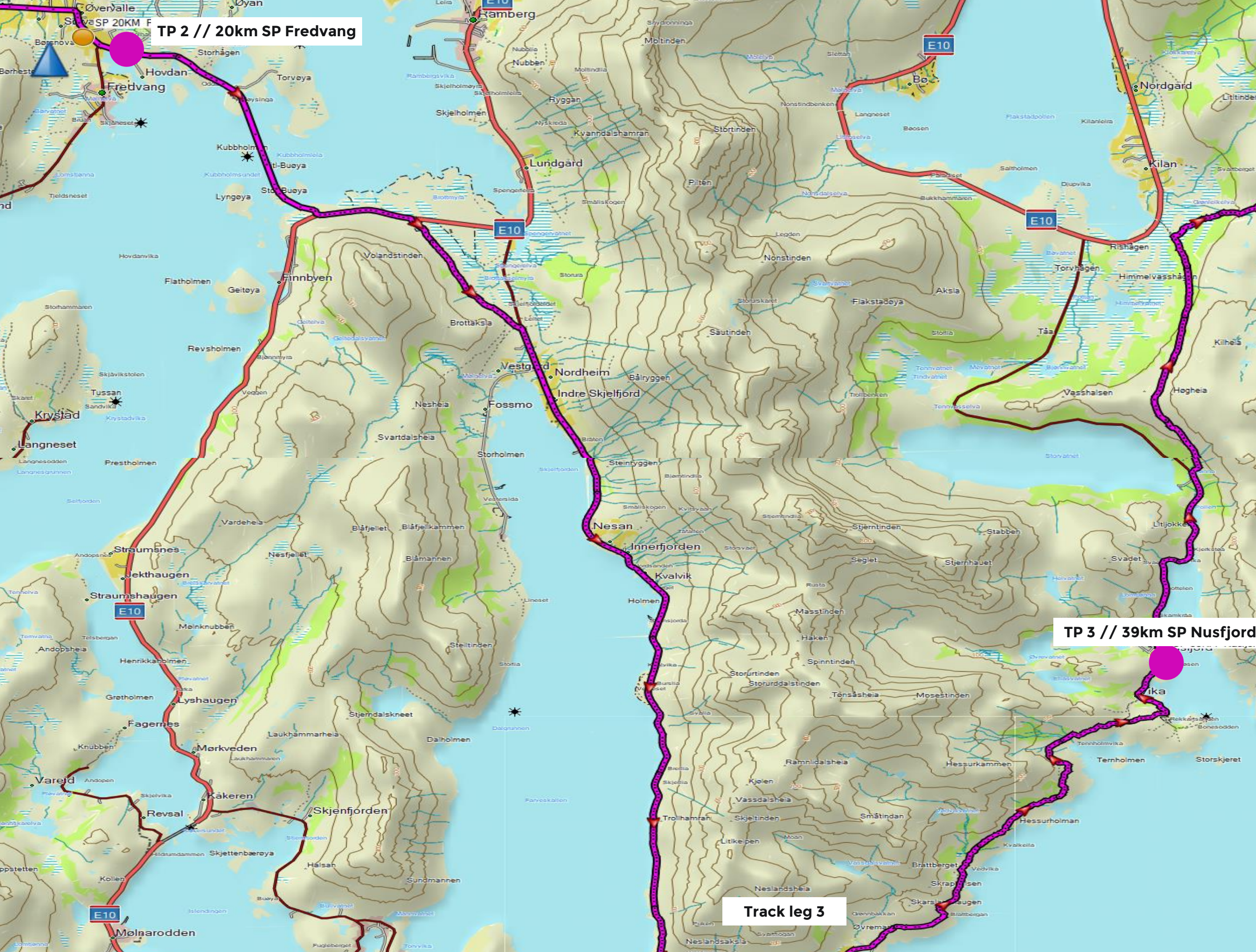
Track leg 2

TP 2 // 20km SP Fredvang

TP 1 // 11km SP Selfjord



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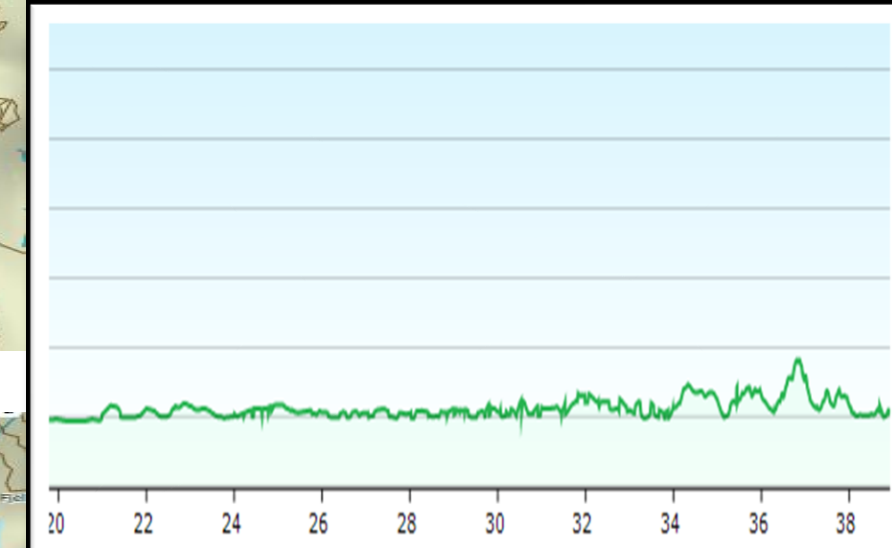
Navigation map 100 miles

LEG 3

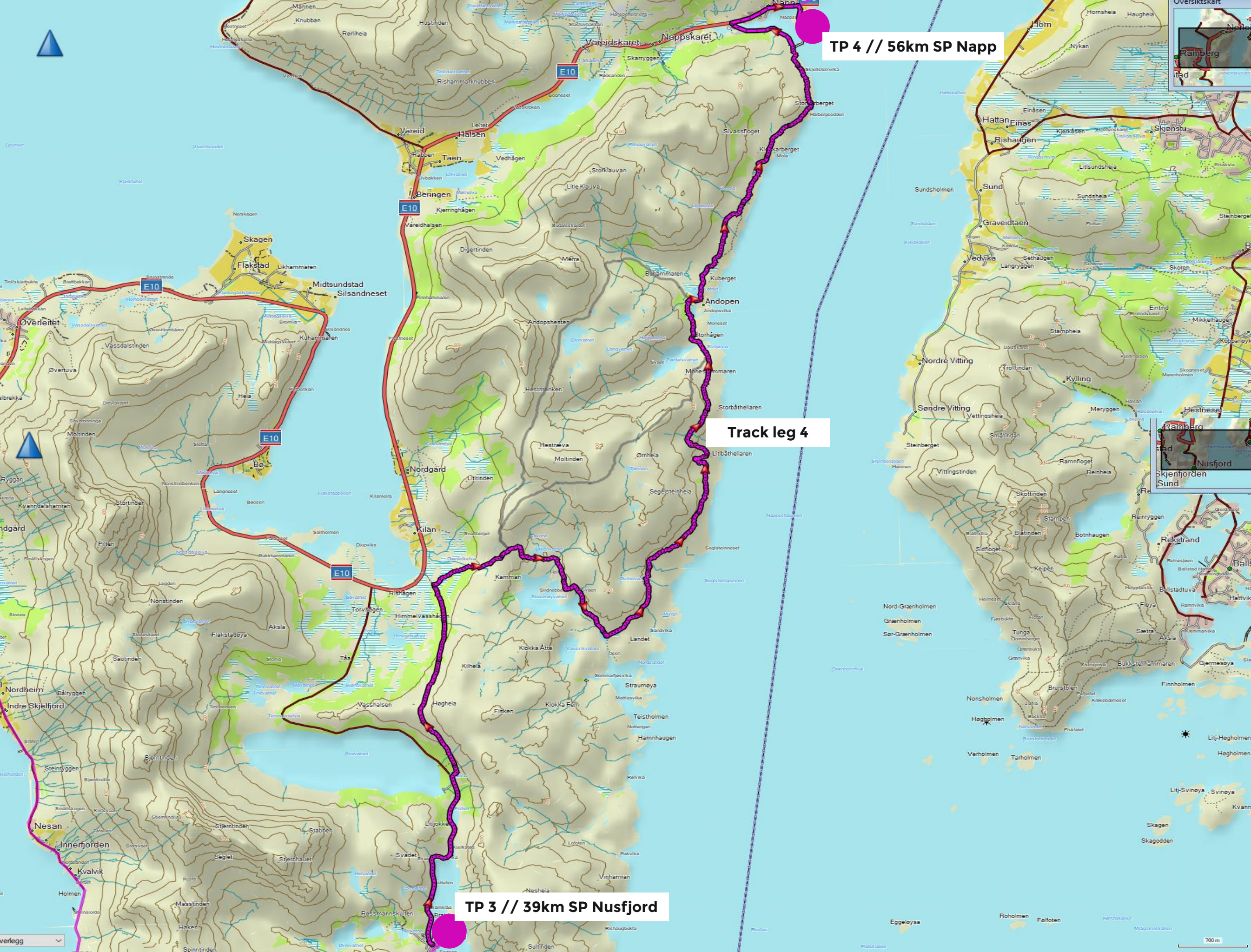
Fredvang – Nusfjord

Distance: 19 km

Elevation: 350 m



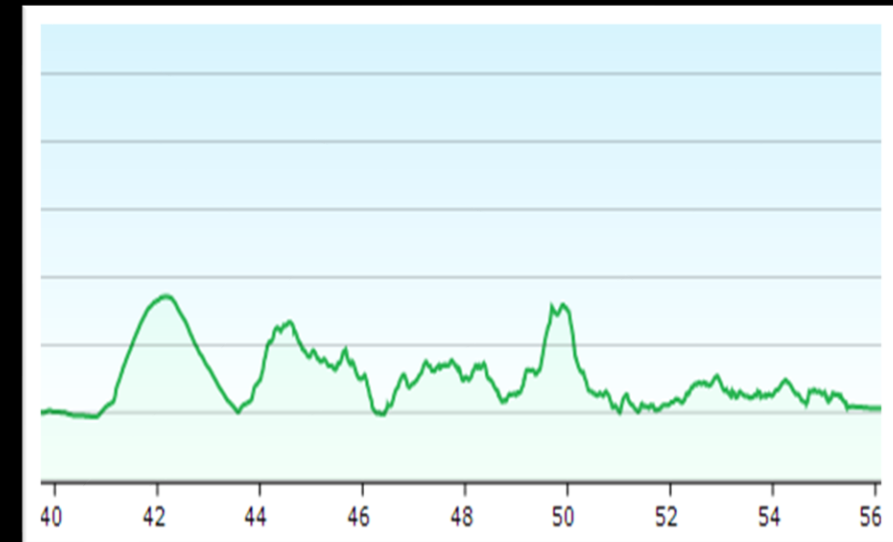
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Navigation map 100 miles

LEG 4

Nusfjord - Napp
Distance: 17 km
Elevation: 900 m

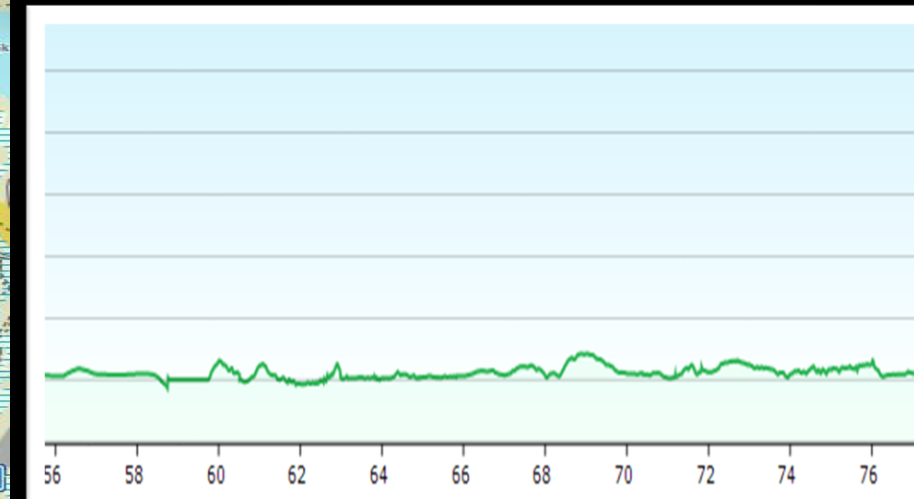


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Navigation map 100 miles

LEG 5

Napp – Uttakleiv
Distance: 21 km
Elevation: 350 m



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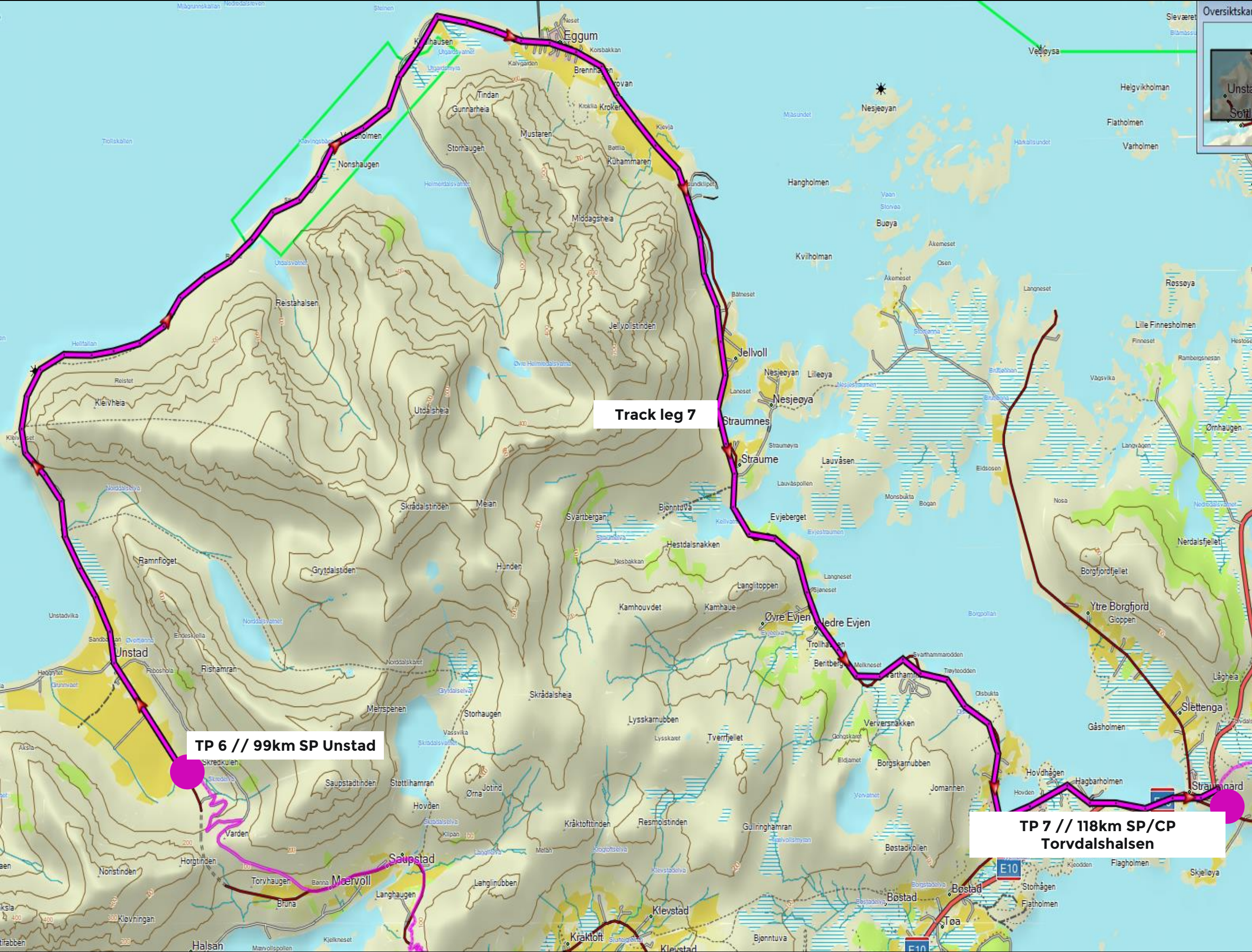
Navigation map 100 miles

LEG 6

Uttakleiv - Unstad
Distance: 22 km
Elevation: 900 m



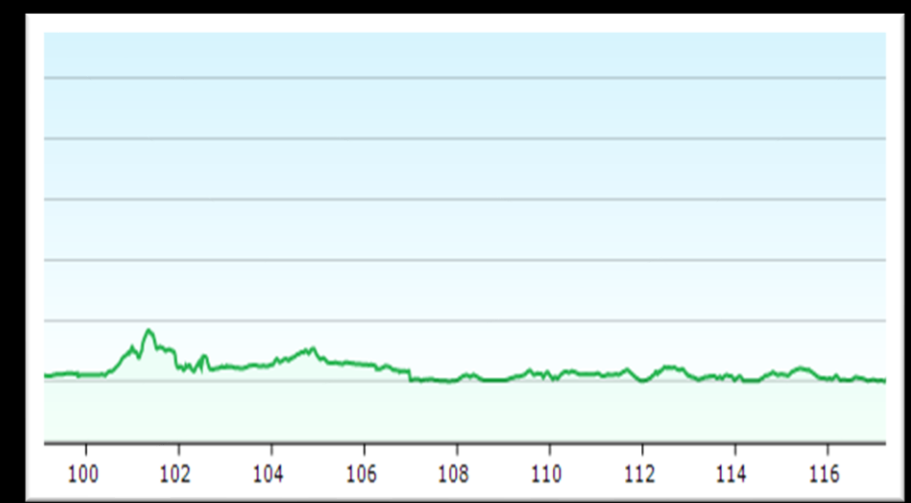
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Navigation map 100 miles

LEG 7

Unstad - Torvdalshalsen
Distance: 19 km
Elevation: 350 m



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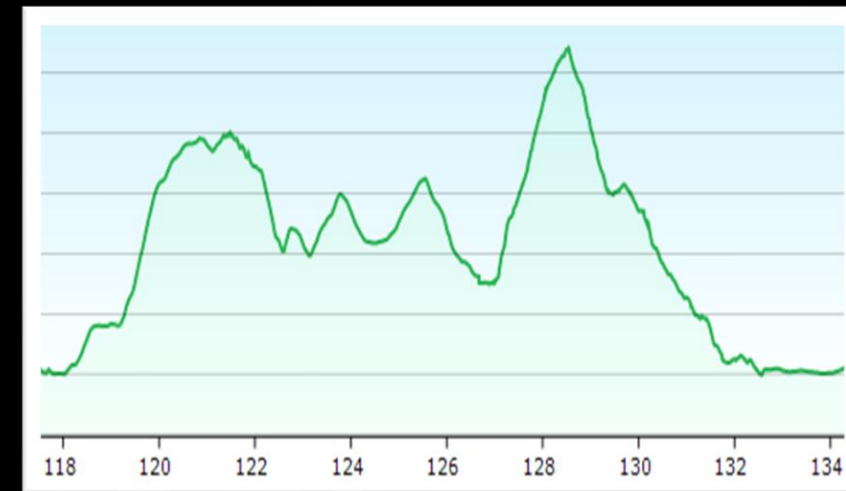
Navigation map 100 miles

LEG 8

Torvdalshalsen - Vikjord

Distance: 15 km

Elevation: 1150 m



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Navigation map 100 miles

LEG 9

Vikjord - Kleppstad
Distance: 12 km
Elevation: 200 m

TP 9 // 145km SP/CP
Kleppstad

Track leg 9

TP 8 // 133km SP Vikjorden



THE ARCTIC TRIPLE

TP 9 // 145km SP/CP
Kleppstad

Navigation map 100 miles

LEG 10

Kleppstad - Svolvær
Distance: 20 km
Elevation: 1150 m

Track leg 10

158km SP/CP
Kongsmarka

FINISH
100Miles/Relay
Svolvær



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