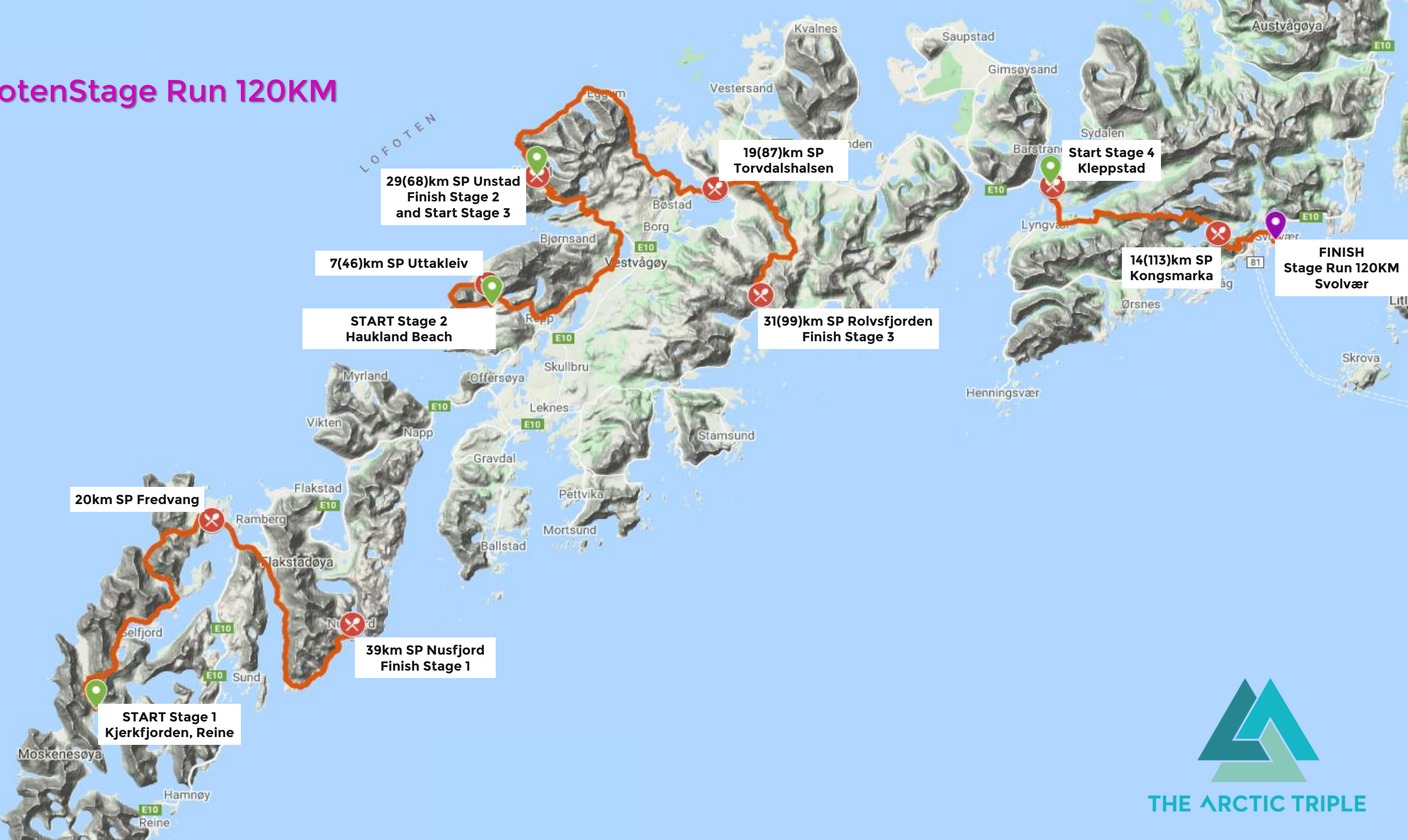




THE ARCTIC TRIPLE

- Navigation map:
Lofoten Stage Run 120KM

LofotenStage Run 120KM



Stage 1

Kjerkfjorden - Selfjorden
Distance: 11 km
Elevation: 750 m



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Stage 1

Selfjorden - Fredvang
Distance: 9 km
Elevation: 500 m



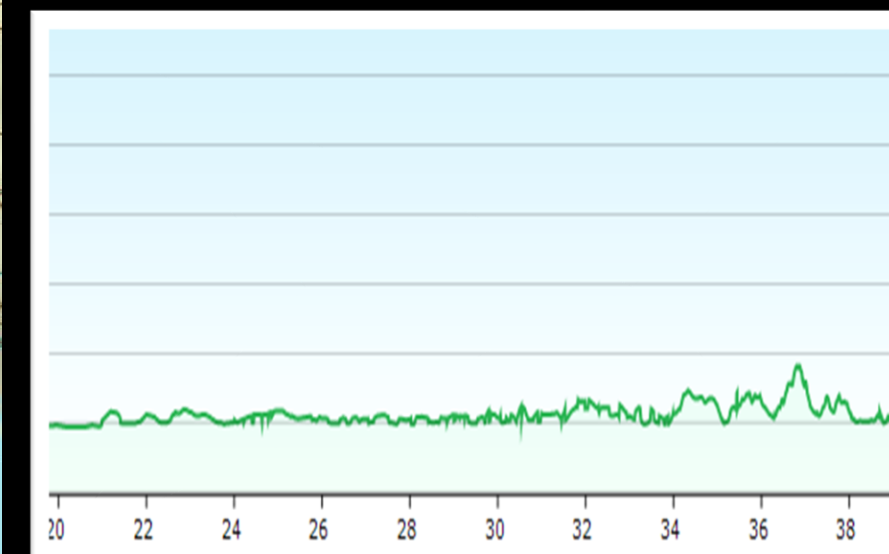
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Stage 1

Fredvang - Nusfjord
Distance: 19 km
Elevation: 350 m



THE ARCTIC TRIPLE



Stage 2

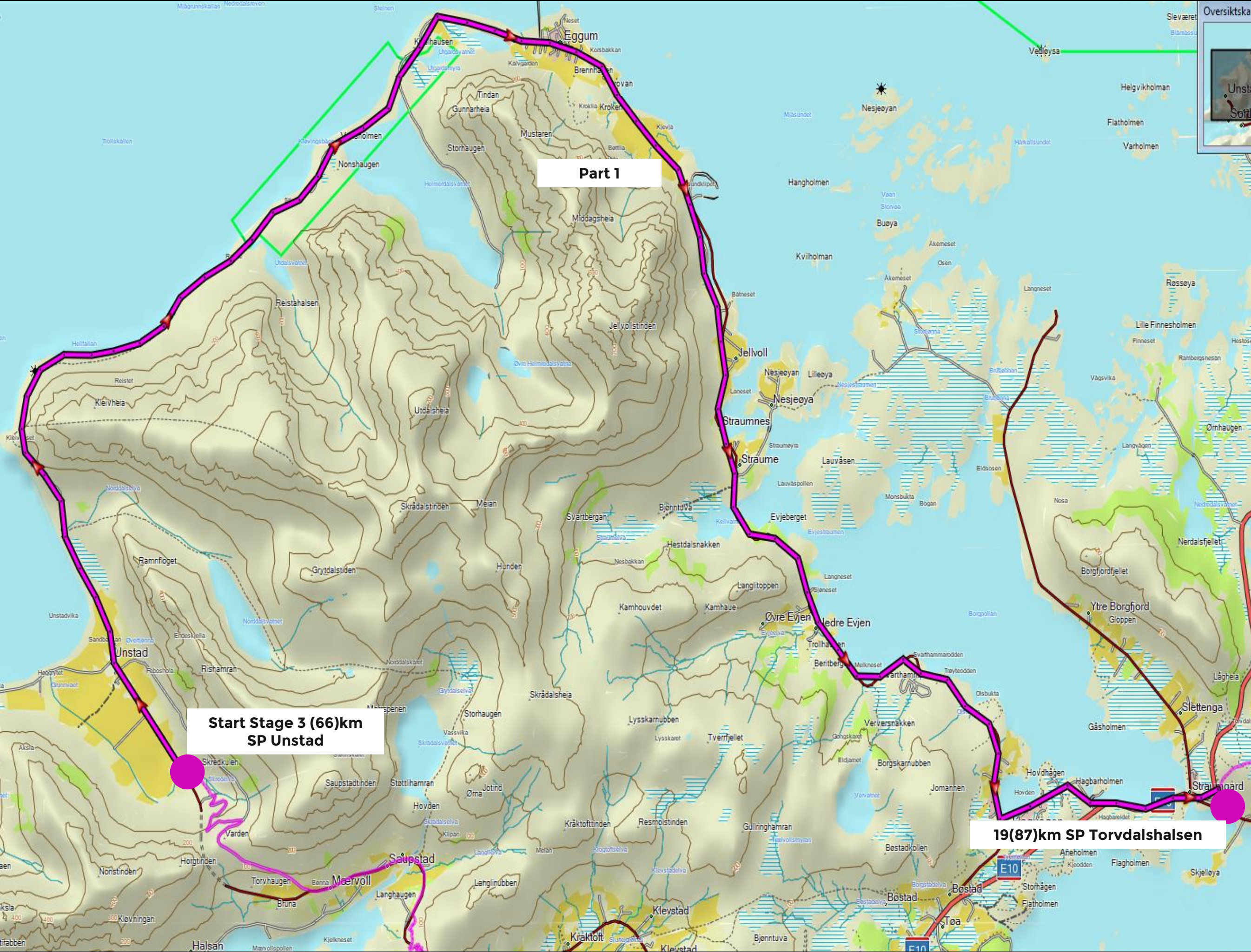
Haukland Beach - Unstad
Distance: 29 km
Elevation: 1000 m



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Stage 3

Unstad - Torvdalshalsen
Distance: 19 km
Elevation: 350 m



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Stage 3

Torvdalshalsen - Rolvsfjorden
Distance: 12 km
Elevation: 700 m



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Stage 4

Kleppstad - Svolvær
Distance: 21 km
Elevation: 1150 m



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